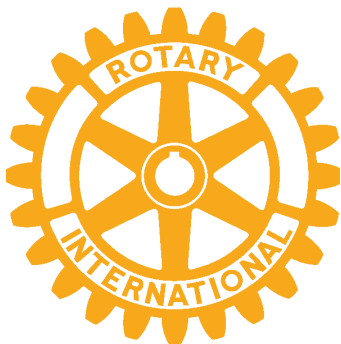


# Rotary

Thursday Rotary Club of Hickory  
Chartered 1921 – Hickory, NC - USA



# Spoke

August 3, 2017

## Today's Program: Julie Cook-Walker and the Foothills Region Alzheimer's Association



Julie Cook-Walker is today's featured guest. She is the Education Specialist for the Foothills Region of the Alzheimer's Association. She is new to the association but an old hat to Alzheimer's disease.

Ms. Cook-Walker has the following to say about her role with the Alzheimer's Association.

"I was lucky enough to become a caregiver in my early years. While working on a B.S. from UNC-Asheville, I became tasked with caring for an aging grandfather. While building my career, marriage, and small family, I also had the task of overseeing both the medical and the financial affairs of a World War II Veteran.

"As time continued, it was not until my grandfather passed in 2013 that I found myself faced in the sandwich generation, taking care of new family and old family. While working full-time, raising a daughter, and cultivating a marriage, I was also advocating for a senior. The journey I traveled with my grandfather is what armed me with great knowledge and compassion for all caregivers.

"With the experiences I endured over the past 20 years, I was motivated to work in long-term care. My goal was to learn all I could about the things I did not understand. During this transition, I acquired my Administrator Licenses from the Department of Health and Human Services of North Carolina. My thinking was that this path would lead me to become an administrator; however, my path would change suddenly when an opportunity came for me to become an Educator for Alzheimer's Association.

"By using my journey of being a caregiver, I am able to help many others who are headed down the same path. I am able to use my education and experience to help others who have Alzheimer's disease or who are caring for someone with Alzheimer's disease."

Please welcome Julie Cook-Walker to the Thursday Club today.

# Club Business and Announcements

## RYLA (Rotary Youth Leadership Award)



The 2017 RYLA camp was held at Brevard College this year from June 18 to 24. Our 2 campers attended and will report to the club today on their experiences.

**Christopher Propst – Hello!** My name is Christopher Propst and I am a rising sophomore at Hickory High School. At Hickory High, I am involved in Interact, Beta Club, National Society of High School Scholars, Marching Band, Fellowship of Christian Athletes, and Leadership 2000. In my free time, I enjoy scouting, being involved in my youth group, playing piano, playing with my dogs, and spending time with my family. I aspire to earn the rank of Eagle in Boy Scout Troop 1. After graduating from Hickory High in 2020, I plan to attend North Carolina State University as an engineering major, eventually becoming a software engineer for a major corporation. I have been a member of Interact for the entirety of my freshman year, volunteering for various activities such as Brian Center Bingo and Recycling, to name a few. I look forward to using the leadership skills I have acquired at RYLA camp this summer in scouting, marching band, Interact, and many other areas throughout the rest of my high school career and beyond.

**Grecia Hernandez – Hello!** My name is Grecia Hernandez. I will be a junior this year. I am part of Beta Club, Interact-Rotary, which I coordinate, Bingo at the Brian Center, National Society of High School Scholars, and band. I enjoy spending time with my family and friends and being outside. I love being with my dog, Lucy. I spend most of my time doing volunteer projects and just finished up at Frye Hospital. For my future I would love to become a RN and then maybe a nurse practitioner.

### Thursday Rotary Club of Hickory Officers and Board of Directors

Officers	July 2017 – June 2018	Board of Directors	Terms Expiring
Mark Teague	President	Jennifer Clark	June 2018
Linda Lutz	President-Elect	Dana Killian	June 2018
	President-Nominee	John Ross	June 2018
Leslie Ferrell Middleton	Secretary	Andy Cote	June 2019
Jan Bohmuller	Assistant Secretary	Gerry Knox	June 2019
Brian Setzler	Treasurer	Tara Bland	June 2020
Andy Cote	Assistant Treasurer	Bruce Bumbarger	June 2020
John Rambo	Past President	Robert Locke	June 2020
		Cliff Moone	June 2020

## Last Week



Last week, we heard from Jason Reid of the Catawba County Sheriff's department. Jason works at the sheriff's department with his father, Catawba County Sheriff Coy Reid, and his brother Cory. Jason has had a spectacular record in fighting crime during his career – particularly in fighting against crimes relating to illegal drugs. In addition to his work with the sheriff's department, Jason is also a co-owner and instructor at the family business, Reid and Lail's Karate School of Oyama. Jason has studied martial arts for over 20 years earning a 5th degree black belt in Kyokushinkai karate. Below are some pictures of confiscated drugs that Officer Reid brought to the meeting.

(left – crystal methamphetamine; right – crack cocaine)



## Next Week

Next week, we'll hear from our new District Governor, Bill Biddle. Mr. Biddle will inform club members of plans for the upcoming year and discusses how those plans align with the goals set by new Rotary International President, Ian Riseley.

Club Member Weekly Assignments				
Date	08-03-2017	08-10-2017	08-17-2017	08-24-2017
<b>Greeter</b>	George Coates	Jan Bohmuller	Joe Britt	Marvin Qualls
<b>Invocation</b>	Dan Duke	Bethany Delany	Anne Williams	David Williams
<b>Visitors</b>	Anne Williams	Tony Reed	Tara Bland	Ellen Horn
<b>Rotary Moment</b>				
<b>Program</b>	Tara Bland	Mark Teague	Linda Lutz	Frank Young
<b>Speaker</b>	Julie Walker	District Governor Bill Biddle	Mack McLeod	Warren Wood
<b>Topic</b>	Alzheimer's Association	The Rotary Year	Hickory Parks and Recreation	City of Hickory
<b>Raffle</b>	John Olson	Kathy Greathouse	Linda Lutz	Tony Reed
<b>Video Camera</b>	Thomas Griffis	Anne Williams	Ellen Horn	Dana Killian



2017 – 2018  
Rotary Theme



Rotary  
International  
Ian H.S. Riseley  
President

District 7670  
William Taylor Biddle Jr  
District Governor  
Jason Herman  
Assistant D.G.



Of The Things We Think, Say, or Do:

1. Is it the truth?
2. Is it fair to all concerned?
3. Will it build good will and better friendships?
4. Will it be beneficial to all concerned?

The *Rotary Spoke* is published weekly by the Thursday Rotary Club of Hickory, PO Box 2628, Hickory, NC 28603.

Editor: Rick Seay  
e-Mail: seayrh@charter.net

Rotarians, please e-mail information on your upcoming program or other Rotary event to the editor two weeks in advance of publication. (E-mail text or a Word document, please—no fax.) Visit us on the web at [www.hickoryrotary.org](http://www.hickoryrotary.org)

# Thursday Rotary Club of Hickory Roster

DALLAS C. ABEE JR. †PHF  
Architecture

**SHUF ABERNATHY III** PHF

Housing, Senior Adult

SUSAN ALLSHOUSE PHF

Health Care Marketing

JOHN W. BATES PHF •

University Teaching

ROBERT A. BISANAR †PHF

MICHAEL BLACKBURN †PHF

Hospital Management

TARA BLAND PHF

Non Profit

JAN L. BOHMULLER PHF

Construction, Administration

**JOHN N. BRAY** †PHF

JOE BRITT

Past Service

JEFFREY BRONNENBERG

Financial Analysis

BRUCE BUMBARGER †PHF

**ROBERT BUMBARGER**

†PHF

STAN BUMGARNER

Securities Brokerage

JEFF BUTLER

Insurance, Personal

JON CARFAGNO

Art Museum Director

JAMES CARPER

Funeral Home

JENNIFER CLARK

Real Estate

CARL V. CLINE III †PHF

ANDY COTE

Insurance

**JOAB COTTON III** †PHF

TERRY C. CREASMAN †PHF

BETHANY DELANY

Salvation Army

DAN DUKE

Christianity, Protestant

FORREST FERRELL PHF

Retired Judge

SANDI FOTHERINGHAM PHF

Education, Public Schools

STEVEN R. FRYE †PHF •

GEORGE P. FURLONG †PHF

Digital Communications

W. RONALD GARDNER †PHF

CLEM GEITNER †PHF

MITZI GELLMAN PHF

Habitat for Humanity

NOAH GEOGHEGAN

Private Bank

KIMBERLY GEORGE

Food Distribution

KATHY GREATHOUSE PHF

Council for the Arts

THOMAS GRIFFIS PHF

Christianity, Protestant

**GUY J. GUARINO JR.** PHF •

Occupational Health

JEFFREY A. HALE PHF •

Printing, Commercial

**JOHN F. HALL** PHF

Office Machine Sales

JEFF HINES PHF

Sign Mfg. & Distribution

MARK R. HUCKABEE PHF •

Foam Insulation

ALLEN W. HUFFMAN JR

†PHF

DANIEL F. HUFFMAN †PHF

Ground Water Development

**SUSAN H. HUFFMAN** PHF

Medical Practice Management

RUSSELL I. ISENHOUR PHF

C.P.A., Tax

G. WALLACE JOHNSON PHF

Christianity, Protestant

**MIKE JOHNSON** PHF

Automobile Dealer, New

CAROL B. KAMMER PHF

Occupational Therapy

PETER KENDALL

Education, Private College

DANA KILLIAN

Business Development

PEDIE KING

Frame Engineering

DAN W. KIRBY †PHF •

Past Service

GERRY KNOX

United Way

JON LaFONTAINE

Newspaper, Editor

TERRI LIVINGSTON

University Athletics

MEG LOCKE

Hospitality

ROBERT LOCKE

Hospitality

**LYNN LOEHR** PHF

Arts Council

LINDA LUTZ PHF

Education Systems Support

KEVIN McINTOSH PHF

Law, Business

LESLIE FERRELL

MIDDLETON

Non Profit

WILLIAM B. MILLER-ZURELL

PHF Christianity, Protestant

DAVID MILLHOLLAND †PHF

JOHN MILLHOLLAND PHF

Real Estate Management

DAVID MILLSAPS PHF

Medicine, Pediatrics

CLIFF MOONE PHF

Past Service

**DAVID R. MOORE** PHF

Plumbing & Heating

**STEVE M. MULL** PHF † •

Grocery, Retail

DAVID B. MYERS †PHF

HOMER L. NEWTON †PHF

JOHN C. OLSON PHF

Financial Planning

JOHN B. ORGAIN IV PHF

Groceries, Wholesale

**JILL PATTON** PHF

Hosiery Manufacturing

**WILLIAM M. PEKMAN** †PHF

Medicine, Hand Surgery

**CLARENCE PUGH** †PHF •

MARVIN J QUALLS

Real Estate Agent

**JOHN RAMBO**

Community Theater

PHILLIP REED

Marketing

TONY REED PHF

Manufacturing

CHARLES REEVES PHF

Furniture Manufacturing

THOMAS L. RICHARDS †PHF

**RUSSELL C. ROBERTS** PHF

Employment Agency, Temp.

DOUGLAS RONGO PHF

Financial Advisor

JOHN G. ROSS PHF •

Symphony Conductor

SUSAN SAYLOR PHF

Home Care

**MARK SEAMAN**

Baseball, Minor League

RICK SEAY

Education

BRYAN SETZLER PHF

Investments

ROBERT H. SHOFFNER PHF

Christianity, Protestant

WILLIAM A. SIGMON †PHF

BOB SINGLETARY

U.S. Government

**CHARLES M. SNIPES** †PHF

J. ALFORD SPIVEY JR. †PHF

ANTHONY STARR

Regional Government

GREGG SUDDRETH

Counseling

ANDREA SURRATT

City Government

LISÉ SWENSSON PHF

Art Museum

MARK TEAGUE PHF

Financial Advisor

MARY TEXER PHF

Gas Products

MICHAEL P. THOMAS

Attorney

STEPHEN M. THOMAS †PHF

**SUZANNE TROLLAN**

Counseling

DREW VAN HORN

University Vice-President

J. STEVEN WALKER

Architect

ROBERT E. WARMUTH †PHF

C. JOHN WATTS PHF

Securities Brokerage

ROBERT WELCH PHF

Past Service

JERRI LEE WILFONG PHF

Banking, State

W. AVERY WILFONG †PHF

**ANNE R. WILLIAMS** PHF

Community College

DAVID WILLIAMS

Barber

SARAH WILLIS

Banking, Commercial

**CHARLES R. YOUNG** †PHF

FRANK YOUNG III PHF

Financial Advisor

ROSEMARY B. YOUNG PHF

Funeral Home

Bold = Past-President

• = Benefactor

† = Senior Active Member

PHF = Paul Harris Fellow

LOA = Leave of absence

HONORARY MEMBERS:

Jerry D. Caldwell

Phil N. Carter †PHF