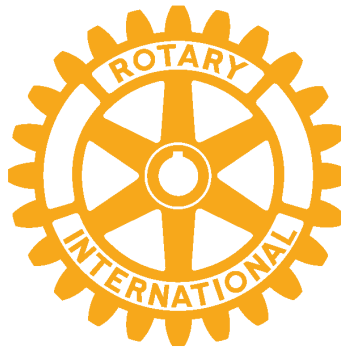


# Rotary



# Spoke

**Rotary Club of Hickory**  
Chartered 1921 – Hickory, NC - USA

**September 12, 2019**

## **Today's Program: Tanya Hartsoe and Caring Transitions**



Today, we welcome Tanya Hartsoe whose topic is Caring Transitions; Ms. Hartsoe is pictured at the left. Caring Transitions of Catawba Valley is the professional solution for relocation services including downsizing, decluttering, and estate sales for both full and partial liquidations.

Regardless of the situation, planned or unexpected, the loss of a loved one or the need to relocate someone can be challenging. The physical challenges and emotional strains can be overwhelming enough, without the added stress of life's unexpected events. Caring Transitions of Catawba Valley offers a streamlined support system to help facilitate a less stressful transition, taking care of the details so you can take care of yourself or a loved one.

Robert and Tracy Baker are the owners of Caring Transitions of Catawba Valley. They are residents of Catawba county and have seen many families struggle during some of life's most stressful and overwhelming times, such as divorce, a life changing illness or injury, the death of a loved one, the need to move into a smaller living space, or the changing needs of an aging parent. Their understanding of these situations as well as Robert's twenty-five years of experience working within the senior housing industry motivated them to start Caring Transitions.

As certified relocation and transition specialists, the services provided at Caring Transitions are all about peace of mind. The company works with seniors and families to help them achieve their relocation, right sizing, downsizing, or estate finalization goals quickly, efficiently, and compassionately. When working with older adults and families, it's an emotional and stressful time for everyone involved. Caring Transitions is a resource to make that process easier, no matter what stage of the process.

Whether your situation is planned or unexpected, Caring Transitions' services are perfect for managing the many aspects of a senior move or assisting with the process of downsizing to ensure a safe and optimal living situation. The best part is that Caring Transitions' plans are personal and customizable: clients can choose the solution that best fits their needs – whether that means managing the entire move, estate sale, the final cleanout, or getting a loved one resettled into a new place. They take care of the details so you can take care of your loved ones.

# Club Business and Announcements

## New Member Initiation: Michael Cordora



At last week's meeting, Dr. Michael Cordora was inducted into club membership. The photo at left shows his induction, which was conducted by District Governor Tiffany Ervin and Assistant DG Jeff Prince. Mike was born in Wilkes-Barre, Pennsylvania, and attended high school in Greensboro, North Carolina. He earned a Bachelor of Science degree from the University of North Carolina - Chapel Hill while playing fullback for Coach Mack Brown on the UNC football team. He graduated from the UNC-Chapel Hill School of Dentistry in 2001 and practiced for one year in Taylorsville. He opened his family and cosmetic dentistry practice in the Viewmont area of Hickory in 2002 and

is honored to have begun his 18<sup>th</sup> year in his Hickory practice in August, 2019. He was appointed as Adjunct Associate Professor of the UNC-Chapel Hill School of Dentistry in 2018, and he travels to Chapel Hill to teach in the clinical operative department periodically each school year.

Mike participated in the US National Triathlon in Vermont in 2013 and today is an avid marathon and trail runner. In 2018, athletic shoe company Hoka One One presented him with the Humans of Hoka award. Mike enjoys serving the Hickory community as he has volunteered at the Greater Hickory CCM dental clinic and the NC Baptists on Mission dental bus, and he has run with Ainsley's Angels, who partner with special-needs youth to run races. Mike is married to Julie, who is a lifelong Hickory resident and an alumna of UNC-Chapel Hill and Wake Forest University. They have a son, Alex, who is an 8<sup>th</sup>-grade student at Hickory Day School, an avid soccer player with the FC Barcelona Academy in Charlotte, and a member of the Barefoot/ISL U15 US Development Academy futsal team in Fort Mill. The Cordoras are members of Corinth Church.

## Rotary Club of Hickory Officers and Board of Directors

Officers	July 2019 – June 2020	Board of Directors	Terms Expiring
Gerry Knox, PHF/SM	President	Michael Blackburn, PHF/SM	June 2020
Tara Bland, PHF/SM	President-Elect	Bruce Bumbarger, PHF/SM	June 2020
Kelly Farr, PHF/SM	President-Nominee	Cliff Moone, PHF/SM	June 2020
Deaton Smith, PHF/SM	Secretary	Philip Reed, PHF/SM	June 2021
Leslie Ferrell, PHF	Assistant Secretary	Gabriel Sherwood, PHF/SM	June 2021
Lynn Loehr, PHF/SM	Treasurer	Anne Williams, PHF/SM	June 2021
Kelly Farr, PHF/SM	Assistant Treasurer	John Bates, PHF/SM	June 2022
Linda Lutz, PHF/SM	Past President	Bonita Ferretti, PHF/SM	June 2022
		Hank Guess, PHF/SM	June 2022

## New Member Initiation: Tony Wood



At the August 29 meeting, Tony Wood was inducted into club membership. Tony, whose photo is at the left, was raised in Hickory. He graduated from St. Stephens High School in 1987 and from Appalachian State University in 1992. Upon graduating from ASU, Tony was recruited by Hand Held Products, an imaging technology firm based in Charlotte, where he worked as a finance project manager. Over the following years, Tony continued to work in finance, primarily for technology companies, in Charlotte and Richmond, Virginia, until he and his wife Lanie decided that they wanted to raise their son Landen in Hickory. Now, seventeen years later, Landen is a senior at Hampden-Sydney College, and Tony and Lanie still love living in Hickory.

Since returning to Hickory in 2001, Tony has worked as an executive recruiter and owns the search firm, Anthony, Paige & Blake, Inc. Tony enjoys being involved in the community. He completed Hickory's Neighborhood College program, served for six years on Hickory's Parks & Recreation Commission, and is a member of Catawba County's Extension Master Gardener Program. In this role, he helps people in the community become better gardeners and enjoys sharing vegetables and flowers from the gardens around his home. Tony volunteers at First United Methodist Church's Parable Garden, which supports Hickory Soup Kitchen, and he has volunteered at the Hmong Agricultural Farm.

### Last Week



Last week's special guest was Tiffany Ervin, District 7670 Governor (photo at left). In addition to discussing the ways in which Rotary clubs need to be dynamic and ever-changing, she also listed the following five qualifications to earn a "Southern Fried Rotary Pin." Complete 4 of 5 to qualify and let Gerry Knox know when you do: sponsor a new member; attend a district event; participate in a service project; donate at least \$25 to the Rotary Foundation; and/or visit another Rotary club.

### Next Week

Next week, we'll hear from Tammy Mosteller, who will be representing the Alzheimer's Association. You don't want to miss this special presentation.

### Club Member Weekly Assignments

Date	09-12-2019	09-19-2019	09-26-2019	10-3-2019
<b>Greeter</b>	Melissa Aldrich	Deborah Shannon	Dan Bryant	Tony Wood
<b>Invocation</b>	Anne Williams	Clarence Pugh	Thomas Griffis	Bob Shoffner
<b>Visitors</b>	Tony Reed	Tony Reed	Tony Reed	Tony Reed
<b>Sunshine</b>	David Millholland	David Millholland	David Millholland	David Millholland
<b>Program</b>	Tara Hicks	Tara Bland	Bonita Ferretti	Hank Guess
<b>Speaker</b>	Tanya Hartsoe	Tammy Mosteller	Vince Ferretti	Sheriff Don Brown
<b>Topic</b>	Caring Transitions of Catawba Valley	Alzheimer's Association presentation	Southeastern Gauge and Shortline Museum	Catawba County Sheriff's Department
<b>Raffle</b>	David Myers	Anne Williams	John Olson	Bonita Ferretti



### Rotary International

Mark Daniel Maloney  
President

### Rotary District 7670

Tiffany Ervin  
District Governor  
Jeff Prince  
Assistant D.G.  
Lynn Marks  
District Secretary



Of The Things We Think, Say, or Do

1. Is it the truth?
2. Is it fair to all concerned?
3. Will it build good will and better friendships?
4. Will it be beneficial to all concerned?

The *Rotary Spoke* is published weekly by the Rotary Club of Hickory, PO Box 2628, Hickory, NC 28603.

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Rotarians, please e-mail information on your upcoming program or other Rotary event to the editor two weeks in advance of publication. (E-mail text or a Word document, please—no fax or pdf/jpg documents.) Visit us on the web at [www.hickoryrotary.org](http://www.hickoryrotary.org)



# Rotary Club of Hickory Roster

DALLAS C. ABEE JR. †PHF  
Abee Architect, PA  
**SHUF ABERNATHY III** PHF  
Abingdon Senior Housing  
MELISSA ALDRICH PHF  
Peoples Bank  
SUSAN ALLSHOUSE PHF  
Catawba Valley Medical Center  
DOUG AUER PHF/SM  
Custom Design Group, LLC  
JOHN W. BATES PHF/SM •  
Retired  
PATRICE BERTRAND SM  
Roll Tech Molding Products, LLC  
ROBERT BISANAR †PHF/SM  
Oakwood Vision Services  
MICHAEL BLACKBURN  
†PHF/SM  
Blackburn Healthcare Consulting  
TARA BLAND PHF/SM  
The SALT Block  
JAN L. BOHMULLER PHF/SM  
Moss-Marlow  
**JOHN N. BRAY** †PHF  
Vanguard Furniture  
JEFFREY BRONNENBERG  
PHF/SM  
Four Oaks Capital Management  
DAN BRYANT  
US Health Advisers  
BRUCE BUMBARGER  
†PHF/SM  
Office Furniture USA  
MARY BURRITT SM  
Transportation Insight  
JEFF BUTLER PHF  
State Farm Insurance  
KIT CANNON SM  
HF Financial  
JON CARFAGNO  
Hickory Museum of Art  
JENNIFER CLARK SM  
Weichert Realtors, Team Metro  
CARL V. CLINE III †PHF/SM  
Resource Partners, LLC  
MICHAEL CORDORA  
Michael C. Cordora DDS  
Partners, LLC  
ANDY COTE PHF/SM  
Nationwide Insurance  
**JOAB COTTON III** †PHF/SM  
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DAN DUKE PHF/SM  
Bethany Evangelical Lutheran  
KELLY FARR PHF/SM  
First Citizens Bank  
FORREST FERRELL PHF/SM  
Sigmon, Clark, Mackie, Hanvey,  
and Ferrell  
LESLIE FERRELL PHF  
Partnership for Children  
BONITA FERRETTI PHF/SM  
Hickory Choral Society

SANDI FOTHERINGHAM  
PHF/SM  
Hickory Public Schools  
GEORGE FURLONG †PHF/SM  
Retired  
W. RONALD GARDNER  
Retired †PHF/SM  
RODNEY GARREN SM  
Garren Team @ Keller Williams  
CLEM GEITNER †PHF/SM  
Hickory Leather  
MITZI GELLMAN PHF/SM  
Habitat for Humanity  
NOAH GEOGHEGAN  
Suntrust Private Wealth  
JULIET GOOD SM  
State Farm Insurance  
KATHY GREATHOUSE  
PHF/SM  
United Arts Council  
THOMAS GRIFFIS PHF/SM  
Retired  
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HANK GUESS PHF/SM  
Mayor, City of Hickory  
JEFFREY A. HALE PHF •  
Hickory Printing Solutions, LLC  
**JOHN F. HALL** PHF  
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TARA HICKS  
Thrivent Financial  
JEFF HINES PHF/SM  
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TODD HOGUE SM  
Signature Wealth Strategies  
SANDI HOOD SM  
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RUSSELL ISENHOUR PHF/SM  
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Retired  
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GERRY KNOX PHF/SM  
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LEROY LAIL SM  
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Catawba Valley Com. College  
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**LINDA LUTZ** PHF/SM •  
Retired  
KEVIN McINTOSH PHF/SM  
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JEAN McMULLIN PHF  
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JOHN B. ORGAIN IV PHF  
Alex Lee, Inc.  
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MIKE PIOLLA SM  
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AMY POWELL  
Manpower  
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JERRI LEE WILFONG PHF/SM  
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Catawba Valley Com. College  
DAVID WILLIAMS PHF/SM  
City of Hickory Councilman  
SARAH WILLIS  
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KATHY WOOD PHF/SM  
GHCCM  
TONY WOOD  
Anthony, Paige, & Blake, Inc.  
**CHARLES YOUNG** †PHF/SM  
Young, Morphis, Bach, & Taylor  
FRANK YOUNG III PHF/SM  
Resource Partners, LLC  
ROSEMARY YOUNG PHF/SM  
Bass-Smith Funeral Home

Bold = Past-President  
• = Benefactor  
† = Senior Active Member  
PHF = Paul Harris Fellow  
LOA = Leave of absence  
SM = Paul Harris Sustaining Member

## HONORARY MEMBERS:

Jerry D. Caldwell  
Phil N. Carter †PHF